

An Analysis of NHS-5 fact sheets by IFPRI, full available at <https://poshan.ifpri.info/2020/12/18/indias-progress-against-childhood-undernutrition-early-reflections-on-the-national-family-health-survey-5/>

Trends in anthropometric outcomes in children <5y, by state

| State | Stunting | | | Wasting | | | Underweight | | | Overweight | | |
|------------------------------|----------|--------|-------------|---------|--------|-------------|-------------|--------|-------------|------------|--------|-------------|
| | NFHS-4 | NFHS-5 | Change (pp) | NFHS-4 | NFHS-5 | Change (pp) | NFHS-4 | NFHS-5 | Change (pp) | NFHS-4 | NFHS-5 | Change (pp) |
| Andaman & Nicobar Islands | 23.3 | 22.5 | -0.8 | 18.9 | 16 | -2.9 | 21.6 | 23.7 | 2.1 | 3 | 5.4 | 2.4 |
| Andhra Pradesh | 31.4 | 31.2 | -0.2 | 17.2 | 16.1 | -1.1 | 31.9 | 29.6 | -2.3 | 1.2 | 2.7 | 1.5 |
| Assam | 36.4 | 35.3 | -1.1 | 17 | 21.7 | 4.7 | 29.8 | 32.8 | 3 | 2.3 | 4.9 | 2.6 |
| Bihar | 48.3 | 42.9 | -5.4 | 20.8 | 22.9 | 2.1 | 43.9 | 41 | -2.9 | 1.2 | 2.4 | 1.2 |
| Dadra & Nagar Haveli & Daman | 37.2 | 39.4 | 2.2 | 26.7 | 21.6 | -5.1 | 35.8 | 38.7 | 2.9 | 3.9 | 1.9 | -2 |
| Goa | 20.1 | 25.8 | 5.7 | 21.9 | 19.1 | -2.8 | 23.8 | 24 | 0.2 | 3.7 | 2.8 | -0.9 |
| Gujarat | 38.5 | 39 | 0.5 | 26.4 | 25.1 | -1.3 | 39.3 | 39.7 | 0.4 | 1.9 | 3.9 | 2 |
| Himachal Pradesh | 26.3 | 30.8 | 4.5 | 13.7 | 17.4 | 3.7 | 21.2 | 25.5 | 4.3 | 1.9 | 5.7 | 3.8 |
| Jammu & Kashmir | 27.4 | 26.9 | -0.5 | 12.2 | 19 | 6.8 | 16.6 | 21 | 4.4 | 5.7 | 9.6 | 3.9 |
| Karnataka | 36.2 | 35.4 | -0.8 | 26.1 | 19.5 | -6.6 | 35.2 | 32.9 | -2.3 | 2.6 | 3.2 | 0.6 |
| Kerala | 19.7 | 23.4 | 3.7 | 15.7 | 15.8 | 0.1 | 16.1 | 19.7 | 3.6 | 3.4 | 4 | 0.6 |
| Lakshadweep | 30.9 | 30.5 | -0.4 | 9.3 | 17.5 | 8.2 | 18.7 | 20.4 | 1.7 | 4 | 13.4 | 9.4 |
| Ladakh | 26.8 | 32 | 5.2 | 13.7 | 17.4 | 3.7 | 23.6 | 25.8 | 2.2 | 1.6 | 10.5 | 8.9 |
| Maharashtra | 34.4 | 35.2 | 0.8 | 25.6 | 25.6 | 0 | 36 | 36.1 | 0.1 | 1.9 | 4.1 | 2.2 |
| Meghalaya | 28.9 | 23.4 | -5.5 | 6.8 | 9.9 | 3.1 | 13.8 | 13.3 | -0.5 | 3.1 | 3.4 | 0.3 |
| Manipur | 43.8 | 46.5 | 2.7 | 15.3 | 12.1 | -3.2 | 28.9 | 26.6 | -2.3 | 3.9 | 4 | 0.1 |
| Mizoram | 28.1 | 28.9 | 0.8 | 6.1 | 9.8 | 3.7 | 12 | 12.7 | 0.7 | 4.2 | 10 | 5.8 |
| Nagaland | 28.6 | 32.7 | 4.1 | 11.3 | 19.1 | 7.8 | 16.7 | 26.9 | 10.2 | 3.8 | 4.9 | 1.1 |
| Sikkim | 29.6 | 22.3 | -7.3 | 14.2 | 13.7 | -0.5 | 14.2 | 13.1 | -1.1 | 8.6 | 9.6 | 1 |
| Telangana | 28 | 33.1 | 5.1 | 18.1 | 21.7 | 3.6 | 28.4 | 31.8 | 3.4 | 0.7 | 3.4 | 2.7 |
| Tripura | 24.3 | 32.3 | 8.0 | 16.8 | 18.2 | 1.4 | 24.1 | 25.6 | 1.5 | 3 | 8.2 | 5.2 |
| West Bengal | 32.5 | 33.8 | 1.3 | 20.3 | 20.3 | 0 | 31.6 | 32.2 | 0.6 | 2.1 | 4.3 | 2.2 |

Stunting:

- 13 of 22 states see increase
- 9 of 22 see decrease
- Sikkim, Meghalaya & Bihar have highest declines in stunting

Wasting:

- 12 of 22 states see increase
- 8 of 22 see decrease
- 2 states no change
- Karnataka, Dadra & Nagar Haveli & Daman & Diu and Manipur have highest declines

Underweight:

- 16 of 22 states see increase
- 6 of 22 see decrease
- Bihar, Karnataka Andhra Pradesh and Manipur have highest declines

Overweight:

- 20 of 22 states see increase
- 2 of 22 see decrease
- Only Dadra & Nagar Haveli & Daman & Diu and Goa saw declines in child overweight